

# **Curriculum Vitae**

*Joan-Carles Surís i Granell, MD, MPH, PhD*

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## 1. Personal data

Name	Joan-Carles Surís i Granell
Date of birth	December 31 <sup>st</sup> 1957, in Barcelona (Spain)
Marital status	Married, two children aged 24 and 20
Home address	Route de la gare 24 / 1163 ETOY / SWITZERLAND
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## 2. University studies

1977-84	Medical School, University of Barcelona
1986-89	Residency in Pediatrics. Hospital Sant Joan de Déu, Barcelona
1990-92	Fellowship in Adolescent Health. Adolescent Health Program, University of Minnesota
1990-92	Master in Public Health. Division of Maternal and Child Health. School of Public Health, University of Minnesota
1997-2003	PhD in Public Health, <i>Cum Laude</i> , Universitat Autònoma de Barcelona

## 3. Positions held

1992-97	Pediatrician of the Pediatric Emergency Ward of the Hospital Sant Joan de Déu, (Barcelona, Spain)
1992-03	Head, Adolescent Unit, Institut Universitari Dexeus (Barcelona, Spain)
1996-03	Research Director. Department of Obstetrics and Gynecology, Institut Universitari Dexeus (Barcelona, Spain)
Since 2003	Head, Groupe de Recherche sur la Santé des Adolescents, Institut Universitaire de Médecine Sociale et Préventive, University of Lausanne
Since 2003	Médecin associé, Unité multidisciplinaire pour la santé des adolescents, Department of Pediatrics, CHUV, Lausanne
Since 2007	Senior lecturer, University of Lausanne
Since 2015	Associate Professor, University of Lausanne

## 4. Researches (last 5 years)

2010	Principal investigator: Importance de l'exposition au tabac chez les jeunes consommateurs de cannabis: un cheval de Troie? Service of Public Health of the Canton de Vaud
	Principal investigator: Gambling among adolescents in Neuchâtel. Groupement Romand d'Etude des Addictions
2011	Principal investigator: Gambling among adolescents in Bern. Swiss Info Addiction
	Principal investigator: <a href="http://Ado@Internet.ch">Ado@Internet.ch</a> : Usage d'internet chez les adolescents vaudois, une étude longitudinale. Service of Public Health of the Canton de Vaud

2012	Principal investigator: <a href="mailto:Ado@Internet.ch">Ado@Internet.ch</a> : Internet use among adolescents in Vaud, a longitudinal study. Fonds National de la Recherche Scientifique
2014	Principal investigator: Etude longitudinale sur les jeunes et les jeux d'argent en Suisse romande. Programme Intercantonal du Lutte contre la Dépendance au Jeu (PILDJ) Principal investigator: Une étude qualitative sur l'usage des cigarettes électroniques (e-cigarettes) chez les jeunes. Fonds de prévention du tabagisme

## 5. Honors and Awards

1988	Scholarship "Josep M. Sala Ginabreda" for the project: "Study of the risk factors associated to meningitis and/or sepsis by multiresistant microorganisms in the child" Scholarship for a research project of the Catalan Society of Pediatrics for the project: "Review of the adolescents admitted in a P.I.C.U. 1977-1987"
1989	Scholarship "Societat Catalana de Pediatria" for a short stay abroad Fellowship "Fundació Caixa de Pensions" for advanced studies in the United States
1993	Accesit to the Scholarship "Antics Presidents de la Societat Catalana de Pediatria" for the project: "Health survey of adolescents in Barcelona"
1994	Award of the Asociación de Pediatría Extrahospitalaria de la Provincia de Alicante for the oral presentation: "What do adolescent think about their physician? A comparison between pediatricians and adult physicians"
1995	Semi-finalist Young Investigator Award of Excellence of the Society for Adolescent Medicine
1996	Pere Calafell Award 1996 of the Catalan Society of Pediatrics for the project: "Psychosocial study of children of divorced parents"
1997	Best presentation award: "Factors influencing the reliability of contraceptive methods among adolescents". Catalan Society of Contraception
2009	International Chapter Recognition Award 2009 of the Society for Adolescent Medicine
2015	2015 Iris F Litt Visiting Professorship in Adolescent Health Research award of the Society for Adolescent Health and Medicine

## 6. Editorial board memberships

Archives of Pediatrics and Adolescent Medicine  
European Journal of Pediatrics  
Current Pediatric Reviews  
Turkish Archives of Pediatrics

## LIST OF PUBLICATIONS Dr JOAN-CARLES SURIS (last 5 years)

**Website:** <http://www.researcherid.com/rid/C-5897-2009>

### A) Peer-reviewed articles

**Surís JC**, Akre C, Berchtold A, Bélanger RE, Michaud PA. Chronically connected? Internet use among adolescents with chronic conditions. *Journal of Adolescent Health* 2010;46 (2): 200-2.

Berchtold A, Michaud PA, Nardelli-Haefliger D, **Surís JC**. Vaccination against human papillomavirus in Switzerland: simulation of the impact on infection rates. *International Journal of Public Health* 2010; 55 (1): 25-34.

Michaud PA, **Surís JC**, Thomas R, Gnehm HP, Cheseaux JJ. Coping with an HIV infection: A multicenter qualitative survey on HIV positive adolescents' perceptions of their disease, therapeutic adherence and treatment. *Swiss Medical Weekly* 2010; 140(17-18):247-53.

Akré C, Michaud PA. **Surís JC**. 'I'll look it up on the web first': Barriers and overcoming barriers to consult for sexual dysfunction among young men. *Swiss Medical Weekly* 2010; 140(23-24):348-53

Bucher della Torre S, Akre C, **Surís JC**. Obesity prevention opinions of school stakeholders: a qualitative study. *Journal of School Health* 2010;80(5):233-9.

Berchtold A, Jeannin A, Akre C, Michaud PA, **Surís JC**. First use of multiple substances: Identification of meaningful patterns. *Journal of Substance Use* 2010, 15(2): 118–130

Meier M, Berchtold A, Akre C, Michaud PA, **Surís JC**. Who eats healthily? A population-based study among young Swiss residents. *Public Health Nutr.* 2010 May 4:1-8. [Epub ahead of print].

Berchtold A, Akre C, Jeannin A, Michaud PA, **Surís JC**. First consumption ever of multiple substances: Applying an expert-based taxonomy to a Swiss national sample of adolescents. *Addict Behav.* 2010 Sep 17. [Epub ahead of print].

Luder MT, Berchtold A, Akre C, Michaud PA, **Surís JC**. Do youths gamble? You bet! A Swiss population-based study. *Swiss Med Wkly.* 2010 Aug 9;140:w13074. doi: 10.4414/smw.2010.13074

Luder MT, Pittet I, Berchtold A, Akre C, Michaud PA, **Surís JC**. Associations Between Online Pornography and Sexual Behavior Among Adolescents: Myth or Reality? *Arch Sex Behav.* 2011 Feb 3. [Epub ahead of print]

Rutishauser C, Akre C, **Surís JC**. Transition from pediatric to adult health care: expectations of adolescents with chronic disorders and their parents. *Eur J Pediatr.* 2011;170(7):865-71

Baumann P, Bélanger RE, Akre C, **Surís JC**. Increased risks of early sexual initiators: time makes a difference. *Sex Health.* 2011 Sep;8(3):431-5

Bélanger RE, Akre C, Kuntsche E, Gmel G, **Surís JC**. Adding tobacco to cannabis--its frequency and likely implications. *Nicotine Tob Res.* 2011;13(8):746-50

**Surís JC**, Bélanger RE, Ambresin AE, Chabloz JM, Michaud PA. Extra Burden of Psychosomatic Complaints Among Adolescents Suffering From Chronic Conditions. *J Dev Behav Pediatr.* 2011 Apr 15. [Epub ahead of print]

- Bélanger R, Ohl F, Berchtold A, Akre C, **Surís JC**. Social contexts of sports-practicing youths' hazardous drinking. *Swiss Med Wkly*. 2012 Feb 17;142:0
- Deppen A, Jeannin A, Michaud PA, Alsaker F, **Surís JC**. Subjective pubertal timing and health compromising behaviours among Swiss adolescent girls reporting an on-time objective pubertal timing. *Acta Paediatr*. 2012; 101(8):868-72
- Mejía D, Berchtold A, Bélanger RE, Kuntsche EN, Michaud PA, **Surís JC**. Frequency and effects of meeting health behaviour guidelines among adolescents. *Eur J Public Health*. 2012 Apr 27. [Epub ahead of print]
- Mialon A, Berchtold A, Michaud PA, Gmel G, **Surís JC**. Sexual dysfunctions among young men: prevalence and associated factors. *J Adolesc Health* 2012; 51(1):25-31.
- Wilson ML, Bovet P, Viswanathan B, **Surís JC**. Bullying among adolescents in a sub-saharan middle-income setting. *J Adolesc Health*. 2012;51(1):96-8.
- Flatz A, Bélanger RE, Berchtold A, Marclay F, **Surís JC**. Assessing Tobacco Dependence Among Cannabis Users Smoking Cigarettes. *Nicotine Tob Res*. 2013 Feb;15(2):557-61.
- Akre C, Chabloy JM, Belanger RE, Michaud PA, **Surís JC**. Unwanted sexual experiences among adolescents: shedding light on the gray zone between consensual and non-consensual sex. *Int J Adolesc Med Health*. 2013 Jan 12:1-6. doi: 10.1515/ijamh-2013-0009. [Epub ahead of print].
- Goldstein H, Akre C, Bélanger RE, **Surís JC**. Detached, distraught or discerning? Fathers of adolescents with chronic illness: a review of the literature. *Int J Adolesc Med Health*. 2013 Jan 12:1-9. doi: 10.1515/ijamh-2013-0018. [Epub ahead of print]
- Tozzi L, Akre C, Fleury-Schubert A, **Surís JC**. Gambling among youths in Switzerland and its association with other addictive behaviours: a population-based study. *Swiss Medical Weekly* 2013 Mar 25;143:w13768. doi: 10.4414/smw.2013.13768.
- Tornay L, Michaud PA, Gmel G, Wilson ML, Berchtold A, **Surís JC**. Parental monitoring: a way to decrease substance use among Swiss adolescents? *Eur J Pediatr*. 2013 Sep;172(9):1229-34.
- Bélanger RE, Marclay F, Berchtold A, Saugy M, Cornuz J, **Surís JC**. To What Extent Does Adding Tobacco to Cannabis Expose Young Users to Nicotine? *Nicotine Tob Res*. 2013 Nov;15(11):1832-8.
- Merglen A, Flatz A, Bélanger RE, Michaud PA, **Surís JC**. Weekly sport practice and adolescent well-being. *Arch Dis Child*. 2014 Mar;99(3):208-10.
- Akre C, Berchtold A, Gmel G, **Surís JC**. The evolution of sexual dysfunction in young men aged 18-25 years *J Adolesc Health*. 2014 Dec;55 (6):736-43.
- Akre C. **Surís JC**. From controlling to letting go: what are the psychosocial needs of parents of adolescents with a chronic illness? *Health Educ Res*. 2014 Oct;29(5):764-72.
- Akre C, Ramelet AE, Berchtold A, **Surís JC**. Educational intervention for parents of adolescents with chronic illness: A pre-post test pilot study. *International Journal of Adolescent Health and Medicine* 2014 Aug 14. pii: /j/ijamh.ahead-of-print/ijamh-2014-0020/ijamh-2014-0020.xml. doi: 10.1515/ijamh-2014-0020. [Epub ahead of print]

**Suris JC**, Akre C, Piguet C, Ambresin AE, Zimmermann G, Berchtold A. Is Internet use unhealthy? A cross-sectional study of adolescent Internet overuse. *Swiss Med Wkly*. 2014 Dec 4;144:w14061. doi: 10.4414/smw.2014.14061. eCollection 2014. PMID: 25474244 [PubMed - in process]

**Suris JC**, Rutishauser C, Akre C. [Does talking about it make a difference? Opinions of chronically ill young adults after being transferred to adult care]. *Arch Pediatr*. 2015 Mar;22(3):267-71.

Rücker J, Akre C, Berchtold A, **Suris JC**. Problematic Internet use is associated with substance use in young adolescents. *Acta Paediatr*. 2015 104(5):504-7

Piguet C, Berchtold A, Akre C, **Suris JC**. What keeps female problematic Internet users busy online? *European Journal of pediatrics* 2015 Mar 7. [Epub ahead of print]

**Suris JC**, Akre C. Key elements for, and indicators of, a successful transition: an international delphi study. *J Adolesc Health*. 2015 Jun;56(6):612-8.

**Suris JC**, Berchtold A, Akre C. Reasons to use e-cigarettes and associations with other substances among adolescents in Switzerland. *Drug Alcohol Depend*. 2015 May 28. pii: S0376-8716(15)00284-7. doi: 10.1016/j.drugalcdep.2015.05.034. [Epub ahead of print]

Christin A, Akre C, Berchtold A, **Suris JC**. Parent-adolescent relationship in youths with a chronic condition. *Child Care Health Dev*. 2015 Jul 3. doi: 10.1111/cch.12266. [Epub ahead of print]

Akré C, Bélanger RE, **Suris JC**. Cannabis users identifying themselves as non cigarette smokers: who are they? *Journal of Child & Adolescent Substance Abuse* (*in press*).

## **B) Synthesis articles**

Michaud PA, Ambresin AE, **Suris JC**. Quelle place pour les parents dans la prévention du mésusage de substances ? *Dépendances* 2013, 50: 2-5

**Suris JC**. Adolescents et cigarettes électroniques. *Revue Médicale Suisse* 2015. 456-457: 118-9.

Meynard A, Ambre AE, **Suris JC**. Transition aux soins adultes: une vue d'ensemble. *Revue Médicale Suisse* 2015. 462: 434-7.

**Suris JC**, Dvořák C. Comment bien identifier les adolescents présentant une consommation alcoolique excessive? *Primary Care* 2015;15(04):66-68

## **C) Monographs & book chapters**

**Suris JC**, Berchtold A, Bélanger R, Akre C. Tobacco and cannabis use trajectories from adolescence to young adulthood. Lausanne: IUMSP; 2010.

Bélanger RE, Ohi F, Berchtold A, Lentillon-Kaestner V, **Suris JC**. Substance use among sportive adolescents in the French-speaking part of Switzerland. Lausanne: IUMSP; 2010.

Bélanger RE, Marclay F, Berchtold A, Akre C, Saugy M, Michaud PA, Cornuz J, **Suris JC**. Importance de l'exposition au tabac chez les jeunes consommateurs de cannabis: un cheval de Troie? Lausanne: IUMSP; 2010. (Raisons de Santé, 172)

**Suris JC**, Akre C, Petzold A, Berchtold A, Simon S. La problématique des jeux d'argent chez les adolescents du canton de Neuchâtel. Lausanne: Institut universitaire de médecine sociale et préventive, 2011. (Raisons de santé, 192).

**Suris J.-C.**, Flatz A., Akre C., Berchtold A. La problématique des jeux d'argent chez les adolescents du canton de Berne Lausanne: Institut universitaire de médecine sociale et préventive, 2012. Raisons de Santé, 202a).

**Suris J.-C.**, Flatz A., Akre C., Berchtold A. Das Problem des Glücksspiels bei Jugendlichen im Kanton Bern (Zusammenfassung) Lausanne: Institut universitaire de médecine sociale et préventive, 2012. (Raisons de Santé, 202b).

**Suris J.-C.**, Akre C., Berchtold A., Shubert A., Michaud P.-A., Zimmermann G. Ado@Internet.ch: Usage d'internet chez les adolescents vaudois. Lausanne: Institut universitaire de médecine sociale et préventive, 2012. (Raisons de Santé, 208).

**Suris JC**, Akre C. Sex, drugs and glycaemic control. In: Christie D, Martin C (Eds): Psychosocial aspects of diabetes. Children, adolescents and their families. London: Radcliffe Publishing, 2012.

Bélanger RE, **Suris JC**. Unintentional injuries among adolescents and young adults. In: Steinbeck K, Kohn MR, eds. A clinical handbook in adolescent medicine: A guide for health professionals who work with adolescents and young adults. Singapore: World Scientific Publishing, 2013. p.181-191.

Akre C, **Suris JC**. Une étude qualitative sur l'usage des cigarettes électroniques (e-cigarettes) chez les jeunes. Lausanne: Institut universitaire de médecine sociale et préventive, 2015. (Raisons de Santé, 237).